





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Monthly Birthday Party Tuesday 28th 2pm AGW</p>	<p><u>Hairdressers</u></p> <p>Deb – Tues, Wed & Thurs</p>	<p><u>NMW</u> Norm Matthews Wing <u>AGW</u> Alice Goulding Wing <u>SH</u> Samaria House <u>LW</u> Ledger Wing <u>RR</u> Rec Room</p>	<p><u>Cooinda walking group</u></p> <p>This will take place only if weather is fine, please check white boards.</p>	<p><u>Bus Outings</u></p> <p><u>To be advised during the month</u></p>		
		<p>1st <u>10.30am</u> Paint by numbers LW Activities in NMW Ensign reading AGW <u>2pm</u> Ladies' day out - Bus Outing Men's Group with Rod Hostel <u>3pm</u> Afternoon tea <u>6.30pm</u> Movie night LW</p>	<p>2nd <u>10.30am</u> Valentines Craft LW Table Bobs AGW <u>2pm</u> Bingo LW & AGW <u>3pm</u> Afternoon tea</p>	<p>3rd Disco Day <u>10am</u> Rummikub SH <u>10.30am</u> Activities in NMW Gardening with Deb LW Exercises to music LW <u>2pm</u> Fun Disco themed music afternoon with the pink team AGW</p>	<p>4th <u>Pink Team helping with visits</u> <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine <u>3pm</u> Afternoon Tea</p>	<p>5th <u>Pink Team helping with visits</u> <u>11.30am</u> Songs of Praise on ABC TV <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine <u>3pm</u> Afternoon Tea</p>
<p>6th <u>10.30am</u> Activities in NMW Gardening with Deb Hostel. <u>11am</u> Uniting Church Service LW <u>2pm</u> Table Bobs AGW Carpet Bowls R/R <u>3pm</u> Afternoon tea</p>	<p>7th <u>10.30am</u> Kiosk Trolley visiting LW, AG, SH Community Church AGW Exercises to music LW <u>2pm</u> Cooking for trading table LW Snakes and Ladders Card Game AGW</p>	<p>8th <u>10.30am</u> Painting by numbers with Dawn LW Activities in NMW Bagging & Tagging LW Ensign reading AGW <u>2pm</u> Men's Group with Rod Hostel Scrap Art SH <u>3pm</u> Afternoon Tea <u>6.30pm</u> Movie night LW</p>	<p>9th <u>10.30am</u> Decorating for Valentine's Day all areas Mini Golf morning LW <u>2pm</u> Bingo LW & AGW <u>3pm</u> Afternoon Tea</p>	<p>10th <u>10am</u> Rummikub SH <u>10.30am</u> Stretching and Meditation LW AGW Activities in NMW <u>2pm</u> Happy Hour with Entertainer Billy Arnold AGW</p>	<p>11th <u>Pink Team helping with visits</u> <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine <u>3pm</u> Afternoon Tea</p>	<p>12th <u>Pink Team helping with visits</u> <u>11.30am</u> Songs of Praise ABC TV <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine <u>3pm</u> Afternoon Tea</p>

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<p>13th <u>10.30am</u> Activities in NMW Anglican Church LW</p> <p><u>2pm</u> Busy Bees- Wool cupboard LW Remember When with Wendy AGW <u>3pm</u> Afternoon Tea</p>	<p>14thSt Valentine's Day </p> <p><u>10.30am</u> Kiosk Trolley visiting all areas <u>11am</u> Pink team in Meeting - Hostel <u>2pm</u> St Valentine's Day Celebrations and Raffle draw <u>3pm</u> Afternoon tea</p>	<p>15th <u>10.30am</u> Painting by Numbers with Dawn LW Activities in NMW Ensign reading AGW</p> <p><u>2pm</u> Craft afternoon LW Men's day out -Bus Outing <u>3pm</u> Afternoon Tea</p> <p><u>6.30pm</u> Movie night LW</p>	<p>16th <u>10.30am</u> Activities in NMW Library Trolley All Areas Meditation & stretching LW</p> <p><u>2pm</u> Bingo- LW & AGW</p> <p><u>3pm</u> Afternoon tea</p>	<p>17th Library book pick-up</p> <p><u>10am</u> Rummikub SH <u>10.30am</u> Activities in NMW White Board Quiz LW</p> <p><u>2pm</u> Happy Hour with Entertainer Judy Naumann AGW</p>	<p>18th <u>Pink Team helping</u> <u>with visits</u></p> <p><u>2pm</u> Quiz with Cath AGW</p> <p><u>3pm</u> Afternoon Tea</p>	<p>19th <u>Pink Team helping</u> <u>with visits</u> <u>11.30am</u> Songs of Praise on ABC TV <u>2pm</u> Salvation Army visit LW Movie all areas or find a good book, chat with a friend, or enjoy the sunshine</p>
<p>20th <u>10.30am</u> Activities in NMW Anglican Church AGW Walking group</p> <p><u>2pm</u> St Patrick Day Craft LW Memory Quiz AGW <u>3pm</u> Afternoon Tea</p>	<p>21st Shrove Tuesday</p> <p><u>10.30am</u> Kiosk Trolley visiting All areas Community Church LW <u>11am</u> Pancake Morning Tea <u>2pm</u> Cooking Group LW Table Bobs AGW</p> <p><u>3pm</u> Afternoon Tea</p>	<p>22nd</p> <p><u>10am</u> Catholic Mass LW <u>10.30am</u> NMW Activities Painting by numbers with Dawn LW Bagging & Tagging SH <u>2pm</u> Men's Group with Rod in Hostel Armchair travel with Peter LW <u>3pm</u> Afternoon tea</p> <p><u>6.30pm</u> Movie night LW</p>	<p>23rd <u>10.30am</u> Activities in NMW Exercises to music LW Gardening AGW</p> <p><u>2pm</u> Bingo- LW & AGW</p> <p><u>3pm</u> Afternoon tea</p>	<p>24th <u>10am</u> Rummikub SH <u>10.30am</u> Activities in NMW Meditation & Stretching LW</p> <p><u>2pm</u> Happy Hour with Entertainer Bill McCabe AGW</p> <p><u>3pm</u> Afternoon Tea</p>	<p>25th <u>Pink Team helping</u> <u>with visits</u></p> <p><u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine</p> <p><u>3pm</u> Afternoon Tea</p>	<p>26th <u>Pink Team helping</u> <u>with visits</u> <u>11.30am</u> Songs of Praise on ABC TV</p> <p><u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine</p>
<p>27th <u>10.30am</u> Activities in NMW Anglican Church LW Pink team setting up Op Shop <u>2pm</u> Pop Up Op Shop Hostel Quadrangle <u>3pm</u> Afternoon Tea</p>	<p>28th <u>10.30am</u> Kiosk Trolley visiting all areas Walking group LW Large games AGW </p> <p><u>2pm</u> Monthly Birthday Party with Chris & Dave AGW</p>	<p>1st March 1st Day of Autumn</p> <p><u>10.30am</u> Paint by numbers with Dawn LW Activities in NMW</p> <p><u>2pm</u> Bus Outing Sing-along LW</p>	<p>2nd March</p> <p><u>10.30am</u> Tree Of Life Autumn Theme LW & SH</p> <p><u>2pm</u> Bingo LW & AGW</p> <p><u>3pm</u> Afternoon tea</p>	