


# Independent Living Program – May 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31<sup>st</sup></b>					<b>1<sup>st</sup></b> Nibbles, Drinks & Pizza 5pm	<b>2<sup>nd</sup></b>
<b>3<sup>rd</sup></b>	<b>4<sup>th</sup></b> U3A – Demystifying Psychology 10am-12 noon Cooinda Development meeting 2.30pm Cooinda Clinical Gov. Meeting 4pm	<b>5<sup>th</sup></b> Pool 10am – 12 noon (enq. Ralph 5762 8269) Nibbles & Drinks 5pm to late	<b>6<sup>th</sup></b> U3A – Singing (Harmony Group) 10am – 12 noon	<b>7<sup>th</sup></b>	<b>8<sup>th</sup></b> Nibbles, Drinks & Pies 5pm	<b>9<sup>th</sup></b>
<b>10<sup>th</sup></b>	<b>11<sup>th</sup></b>	<b>12<sup>th</sup></b> Pool 10am – 12 noon <b>2:30 ILU residents meeting with CEO Alex &amp; other Execs. – all welcome</b> Nibbles & Drinks 5pm to late	<b>13<sup>th</sup></b> U3A – Singing for Fun 10am – 12 noon	<b>14<sup>th</sup></b> Morning cuppa 10am-11.30am  U3A History 2pm-4pm	<b>15<sup>th</sup></b> Nibbles, Drinks & Chicken 5pm	<b>16<sup>th</sup></b>
<b>17<sup>th</sup></b> Afternoon Tea 2.30pm ‘Odd’ units a plate please, topic: “Primary School Days!”	<b>18<sup>th</sup></b> <b>HUB committee Monthly Meeting</b> 3.30pm  Cooinda Board meeting 5pm	<b>19<sup>th</sup></b> Pool 10am – 12 noon	<b>20<sup>th</sup></b> U3A – Singing (Harmony Group) 10am – 12 noon	<b>21<sup>st</sup></b>	<b>22<sup>nd</sup></b> Nibbles, Drinks & Fish & Chips 5pm	<b>23<sup>rd</sup></b> <b>Last day to book for HUB dinner. Phone Joy on 5762 5198</b>
<b>24<sup>th</sup></b>	<b>25<sup>th</sup></b>	<b>26<sup>th</sup></b> Pool 10am – 12 noon  <b>ILU Residents Monthly Dinner 5pm</b>	<b>27<sup>th</sup></b> U3A – Singing for Fun 10am – 12 noon	<b>28<sup>th</sup></b> <b>Bus Outing!!</b>  Be early to book, limited seats. Phone Val 5762 3017 or Arlene 5762 3888	<b>29<sup>th</sup></b> Nibbles, Drinks & Chinese 5pm	<b>30<sup>th</sup></b> <b>Monthly BBQ BYO everything 12 noon Visitors welcome</b>