





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Birthdays</u> 		<u>Cooinda walking group</u> This will take place only if weather is fine, please check white board. 	<u>Hairdressers</u> Deb - Tuesday, Wednesday and Thursday	<u>NMW Norm Matthews AG</u> - Alice Goulding <u>S/H Samaria House L/W</u> Ledger Wing <u>R/R</u> Rec Room		31st December 2023 NEW YEARS EVE 
1 st January 2024 <u>NEW YEARS DAY</u> <u>PUBLIC HOLIDAY</u> Pink Team helping with visits	2 nd PUBLIC HOLIDAY Pink Team helping with visits <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine.	3 rd <u>10.30am</u> Activities in NMW Pack up Christmas decorations all areas. Men's Group AGW <u>2pm</u> Bus Outing – Bookings essential. Meet at AGW activity room Reading Ensign and chat AGW Garden <u>3pm</u> Afternoon Tea	4 th <u>10am</u> Anglican Church LW <u>10.30am</u> Annual Clean up by Pink Team LW Sing-along AGW <u>2pm</u> Bingo AGW <u>3pm</u> Afternoon Tea	5 th <u>10am</u> Rumikub quiet area LW <u>10.30am</u> Activities in NMW Exercises and meditation to music AGW <u>2pm</u> Happy Hour and entertainment with Russell Ellis AGW	6 th <u>Pink Team</u> helping with visits <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine <u>3pm</u> Afternoon Tea	7 th <u>Pink Team</u> helping with visits <u>11.30am</u> Songs of Praise ABC TV <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine.
8 th <u>10am</u> Rumikub AGW <u>10.30am</u> Activities in NMW Walking group – Meet AGW activity room <u>2pm</u> White Board Australia Day Quiz AGW Australia Day Craft LW <u>3pm</u> Afternoon Tea	9 th <u>10.30am</u> Kiosk Trolley all area Exercises & Meditation with Karen AGW <u>2pm</u> Decorate for Australia Day all areas Table Bobs LW <u>3pm</u> Afternoon tea	10 th <u>10.30 am</u> Activities in NMW Paint by Numbers LW Men's Group AGW Gardening with Deb LW <u>2pm</u> Scrap Art LW Pamper afternoon <u>3pm</u> Afternoon tea	11 th <u>10am</u> Anglican Church LW <u>10.30am</u> Annual clean up in hostel by Pink Team <u>2pm</u> Bingo AGW <u>3pm</u> afternoon tea	12 th <u>10am</u> Rumikub quiet area LW <u>10.30am</u> Activities in NMW Exercises and meditation to music <u>2pm</u> Happy Hour and entertainment with Billy Arnold AGW	13 th <u>Pink Team</u> helping with visits <u>2pm Quiz with Stewart</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine <u>3pm</u> Afternoon tea	14 th <u>Pink Team</u> helping with visits <u>11.30am</u> Songs of Praise on ABC TV <u>2pm</u> Salvation Army Visit LW <u>3pm</u> Afternoon Tea

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<p>15th <u>10am</u> Rumikub AGW</p> <p><u>10.30</u> Activities in NMW Walking group – Meet LW Dining room</p> <p><u>2pm</u> Cooking afternoon LW Scrap Art AGW <u>3pm</u> Afternoon Tea</p>	<p>16th <u>10.30am</u> Kiosk Trolley all areas Bagging and Tagging LW Exercises & meditation AGW</p> <p><u>2pm</u> What's Cooking Quiz LW Pamper afternoon AGW <u>3pm</u> Afternoon tea</p>	<p>17th <u>10am</u> Catholic Service LW <u>10.30am</u> Activities in NMW Paint by Numbers LW Men's Group with Rod AGW</p> <p><u>2pm</u> Bus Outing – Bookings essential – Meet at AGW activity room <u>3pm</u> Afternoon tea</p>	<p>18th <u>10am</u> Anglican Church LW <u>10.45 am</u> Remembrance Tree Ceremony AGW Garden (Weather permitting)</p> <p><u>2pm</u> Bingo AGW</p> <p><u>3pm</u> Afternoon tea</p>	<p>19th <u>10am</u> Rumikub Quiet area LW <u>10.30am</u> Annual clean up in NMW Exercises and meditation to music AGW</p> <p><u>2pm</u> Happy hour and entertainment with Judy Neuman AGW</p>	<p>20th <u>Pink Team helping with visits</u></p> <p><u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine</p> <p><u>3pm</u> Afternoon tea</p>	<p>21st <u>Pink Team helping with visits</u></p> <p><u>11.30am</u> Songs of Praise on ABC TV <u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine.</p> <p><u>3pm</u> Afternoon tea</p>
<p>22nd <u>10am</u> Rumikub AGW</p> <p><u>10.30am</u> Activities in NMW Walking group</p> <p><u>2pm</u> Remember Benalla with Photos AGW Table Bobs LW</p> <p><u>3pm</u> Afternoon Tea</p>	<p>23rd <u>10.30am</u> Kiosk Trolley all areas Exercises to music AGW</p> <p><u>2pm</u> Monthly Birthday Party and entertainment with Dennis Tucker</p>	<p>24th <u>10.30am</u> Paint by Numbers LW Gardening with Deb AGW Men's Group AGW</p> <p><u>2pm</u> Ensign Reading and chat AGW garden Large Games Afternoon LW</p>	<p>25th <u>10am</u> Anglican Church LW <u>9.30am</u> Setting Up for Australia Day celebrations <u>10am</u> Australia Day Ceremony at flagpole AGW garden. BBQ Luncheon <u>2pm</u> Australia Day Movie afternoon and special treat</p>	<p>26th <u>Australia Day</u></p> <p><u>PUBLIC HOLIDAY</u></p> <p>Pink Team helping with visits</p>	<p>27th <u>Pink Team helping with visits</u></p> <p><u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine</p> <p><u>3pm</u> Afternoon tea</p>	<p>28th <u>Pink Team helping with visits</u> <u>11.30am</u> Songs of Praise on ABC TV</p> <p><u>2pm</u> Movie all areas or find a good book, chat with a friend, or enjoy the sunshine.</p>
<p>29th <u>10am</u> Rumikub AGW <u>10.30am</u> Activities in NMW Mini Golf AGW Garden</p> <p><u>2pm</u> Busy Bees AGW White Board Quiz LW</p> <p><u>3pm</u> Afternoon Tea</p>	<p>30th <u>10.30</u> Kiosk Trolley all areas Exercises to music AGW</p> <p><u>2pm</u> Cooking afternoon LW Sunflower chart "About Me" AGW</p>	<p>31st <u>10.30</u> Activities NMW Paint by Numbers LW Men's Group - chat and chew under the shade sails AGW garden <u>2pm</u> Bus Outing – Bookings essential – Meet AGW Activity room Bagging and Tagging LW</p>	<p>1st February <u>10am</u> Anglican Church LW <u>10.30am</u> Cooinda Crafters LW "St Valentines Craft"</p> <p><u>2pm</u> Bingo AGW</p> <p><u>3pm</u> Afternoon Tea</p>	<p>2nd February <u>10am</u> Rumikub Quiet area LW <u>10.30am</u> St Valentine Decorating</p> <p><u>2pm</u> Happy hour and entertainment with Billy Arnold</p>	