





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Public Holiday for <u><b>Australia day</b></u> <u><b>Saturday 26<sup>th</sup></b></u> 	<u>Hair dressers</u> Chris – Wednesday  Donna – Friday's	<u>R/R</u> – Rec Room <u>NMW</u> - Norm Matthews <u>AG</u> - Alice Goulding <u>S/H</u> Samaria House	<u>Cooinda walking group</u> This will take place only if weather is fine, please check white board.	
	1 <sup>st</sup> <u><b>NEW YEARS DAY</b></u> <u><b>PUBLIC HOLIDAY</b></u>  <u>2pm</u> Movie Afternoon all areas  <u>No Activity Staff</u>	2 <sup>nd</sup> Christmas Trees & Decorations in all areas  <u>2pm</u> R/R & NMW Bingo AGW- Reading newsletter & Afternoon tea	3 <sup>rd</sup> <u>10am</u> Annual Clean Up in R/R & morning tea <u>11am</u> AGW ball games  <u>2pm</u> -AGW - R/R-NMW Australia Day Craft & afternoon tea	4 <sup>th</sup> <u>10am</u> Annual clean in AGW <u>2pm</u> Rec Room Happy Hour  <u>2pm</u> AGW- Snakes & Ladders & visit from Mrs Whippy	5 <sup>th</sup>  <u>1.45pm</u> Movie all areas  <u>No Activity Staff</u>	6 <sup>th</sup> <u>10am</u> Hostel meeting room Community Communion <u>11.30am</u> Songs of Praise on ABC TV <u>2pm</u> AGW- Activities with Sheryl
7 <sup>th</sup> <u>10am</u> Anglican Church & Cuppa  <u>11.am</u> R/R Program meeting with Pink Girls *Chat and chew with Bev <u>1.30pm</u> Cards C Block  <u>2pm--</u> All areas Decorate for Australia Day.  	8 <sup>th</sup> <u>10am</u> Annual Clean up in NMW & Pink Girls Office <u>10.30</u> all areas Morning tea  <u>2pm</u> R/R -New Outdoor games- AG -Table Bobs & Afternoon tea	9 <sup>th</sup> <u>10.30</u> -Morning Tea & chat  <u>11am</u> Exercises –R/R & AG <u>2pm</u> AGW Quiz Games <u>HOSTEL</u> -Cooking scones for afternoon tea in Samaria House -all welcome	10 <sup>th</sup> <u>10am</u> R/R Bus Outing <u>10.30</u> Morning tea  <u>11am</u> Exercises -AGW  <u>2pm</u> –Rec Room & NMW Bingo AGW –Ball Games	11 <sup>th</sup> <u>10.15</u> Morning tea <u>11am</u> R/R Exercises AGW-Dance Therapy with Maeve <u>1.30pm</u> Cards R/R <u>2pm</u> AG activity room Happy Hour with Bill McCabe	12 <sup>th</sup>  <u>1.45pm</u> Movie all areas  <u>No Activity Staff</u>	13 <sup>th</sup>  <u>10am</u> Hostel Meeting room Community Communion <u>11.30am</u> Songs of Praise ABC TV <u>1.45pm</u> <u>2pm</u> Gospel music with 'The Two Ukes' In AG Activities with Karen

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<p>14<sup>th</sup> <u>Library visit to rooms</u></p> <p><u>10am</u> R/R Anglican Church &amp; Morning Tea together <u>11am</u> NMW- with Bev Making Bird seed feeders AGW +R/R Reminiscing group <u>1.30pm</u> Cards C Block <u>2pm</u> -R/R Board Games AG - Game Table Bobs</p>	<p>15<sup>th</sup> <u>10.15 morning tea</u></p> <p><u>11am</u> R/R &amp; AG Exercises <u>2pm</u> R/R-Game Uno AG Cooking scones &amp; afternoon tea</p>	<p>16<sup>th</sup> <u>10.15am</u> Morning tea</p> <p><u>11am</u> R/R + AG Exercises <u>2pm</u>- Armchair Travel with Peter touring Canada AGW- Snakes +Ladders &amp; Afternoon tea</p>	<p>17<sup>th</sup> <u>10am</u> AG/NMW Bus Outing <u>10.15 am</u> morning tea and Pampers <u>11am</u> R/R –Exercises</p> <p><u>2pm</u> R/R &amp; NMW Bingo &amp; afternoon tea</p>	<p>18<sup>th</sup> <u>10 am</u> .Morning tea <u>11am</u> Exercises R/R AGW--Dance therapy with Maeve and Don <u>1.30pm</u> R/R Cards <u>2pm</u> AGW activity room Monthly Birthday Party &amp; Happy hour Ray Murtagh and Pete. </p>	<p>19<sup>th</sup></p> <p><u>1.45pm</u> Movie all areas</p> <p><u>No Activity Staff</u></p>	<p>20<sup>th</sup></p> <p><u>10 am</u> Hostel meeting room Community Communion <u>11.30am</u> Songs of Praise on ABC TV</p> <p><u>2pm</u> AGW- Pet Therapy with Maree and Indi</p>
<p>21<sup>st</sup> <u>Podiatrist Visit</u></p> <p><u>10am</u> R/R-Anglican Church <u>10.30</u> Morning tea outside under shade sails &amp; Chat <u>11am</u> NMW Chat &amp; Chew with Bev <u>1.30pm</u> Cards C block <u>2pm</u> R/R Carpet Bowls AG-Table Bobs</p>	<p>22<sup>nd</sup> <u>10.15</u> Moring tea &amp; chat <u>11am</u> R/R –AGW Exercises Set up restaurant <u>12pm</u> Cooinda Restaurant</p> <p><u>2pm</u> R/R &amp; NMW Bingo AGW Manicures Afternoon tea</p>	<p>23<sup>rd</sup> <u>10am</u> Bus Outing R/R</p> <p><u>11am</u> AGW Exercises with Balloons</p> <p><u>2pm</u> R/R -Quiz AGW –Word Games – <u>Reminiscing</u></p>	<p>24<sup>th</sup> <u>10.15</u> Morning tea &amp; chat</p> <p><u>11am</u> R/R -AGW Exercises</p> <p><u>2pm</u> AGW –R/R Craft &amp; afternoon tea</p>	<p>25<sup>th</sup></p> <p><u>11am</u> Australia Day Ceremony at flag pole <u>Noon – 1.30pm</u> Australia Day BBQ Entertainer- Peter Robbers R/R <u>2.30pm</u> Aussie DVD's &amp; ice-cream</p>	<p>26<sup>th</sup></p> <p> <b>Australia Day</b> <u>2pm</u> Australian Movie for all areas</p>	<p>27<sup>th</sup></p> <p><u>10am</u> Community Communion Chapel <u>11.30am</u> Songs of Praise on ABC TV <u>2pm</u> Movie R/R &amp; NMW <u>No Activity staff</u></p>
<p>28<sup>th</sup></p> <p><b>Australia Day Public Holiday</b> <u>2pm</u> Movie all areas <u>No Activity staff</u></p>	<p>29<sup>th</sup> <u>10.15am</u> Morning tea <u>11am</u> R/R &amp; AG Exercises <u>2pm</u> R/R-Dame Melba Opera Live Show presented by Sheila Brennan AGW 1:1 Manicures</p>	<p>30<sup>th</sup> <u>10am</u> Weigh Day &amp; cuppa R/R <u>11am</u> 1:1 visits AG/NMW Exercises <u>2pm</u> RR Giant Games &amp; Skittles R/R Table Bobs AGW</p>	<p>31<sup>st</sup> <u>10am</u> Bus Outing R/R</p> <p><u>11am</u> AGW Balloon Games <u>2pm</u> Bingo R/R &amp; AG <u>3pm</u> Afternoon tea</p>	<p>1<sup>st</sup> February <u>10.15am</u> Morning tea AGW <u>11am</u> Exercises R/R Newsletter reading AGW <u>1.30pm</u> C Block Cards <u>2pm</u> R/R- Happy Hour+-Karaoke AGW- Visit from Mrs Whippy</p>		